

SANE GURUJI ENGLISH MEDIUM SCHOOL

SECONDARY SECTION

Guidelines for Online Sessions of School

Do's & dont's for **Parents** during distance learning/digital learning-

Dear Parents:

1. **Motivate:** your child

- To attend the classes in the same spirit as he/she attends school like waking on time, ensure that your child has taken the bath, had breakfast/lunch and is 'ready for school' mindset.
 - Make sure he/she wearing decent clothes.
 - Child should be made to understand the importance of the class and how he/she must pay attention.
 - Don't let your child 'skip' the online classes or suggest that everything would be repeated once the school reopens. It is important that your child pays attention to the lectures.
-

2. **Provide a dedicated place & technical resources :**

- Place for the child to attend to his/her online classes without or less disturbance.
- Ensure that the child should have the required technical bandwidth/network
- place has more light which would help to focus better.
- If laptop/computer are shared resources then make separate folder on desktop so all files are saved in one folder if possible keep backup.

-
- If you are using mobile then make sure popups are switched off.
 - Keep your video/audio on mute so that learning could be smooth. If any queries you can address on completion of the lesson.
-

3. Follow the time table:

- Time table shared by the schools diligently and assist the teachers for they too are trying hard and face similar concerns as you do during this period of Lockdown.
 - Make sure you are punctual in login on time, so that you do not miss out.
 - Also one of the parent has to sit with child during class and observe the child and make sure he is understanding/able to write/communicate and also not missing out anything (pre-primary & primary). Higher standard student should be responsible and independent.
 - As you are aware of the time table then
 - You can read along with child and be ready for next class which will helpful to grasp better.
-

4. ACCEPT:

- The fact that online learning is based on **concern, care & compassion** hence please do not look perfection in the child or in teaching.
 - Also do not compare it with school class study. If child not able to cope up its ok give time & be kind. Accept childs inability.
-

5. Learning difficulties & attention prob: as

- Parents are aware about learning & attention prob with their child then they should be made to sit where they may be less /no disturbance area during class if possible not to sit near window.
- Playing items like games/balls should not be around while learning.

-
- In between breaks to be given. As they may get bored easily, so keep them occupied with activities related to class-writing/drawing.
 - Extra time to be given to complete notes.
 - If child is used to remedial teaching then you can contact remedial teacher and check for practices to be done at home.
 - If child is off medication please consult doctor before starting with it. This may help to focus & sit during class.
-

6. **Post class:** after the class,

- Parents please do not comment, criticize or mock the teaching or the teacher especially in presence of the child. Criticizing the online lectures may de-motivate child.
 - Parents should discuss with child and make sure he/she understands/insink with class, if not then raise flag with teacher/counselor.
 - If any prob/issues you can discuss/inform the teacher or the HM directly so the rectification could be done.
-

As everything is new for all of us so lets all cooperate, be kind & compassionate -will only help us to navigate smoothly.

Happy Learning !!!!!

Mamta Phansekar
Counsellor & Therapist
For Sane Guruji English Medium School, Dadar .